

# Lake Johnson Fitness Boot Camp



Join certified Physical Fitness Instructor Marcus McCall at Lake Johnson Park every Monday and Wednesday for an hour of activity that is sure to improve your cardio-vascular health, tone your muscles and get your day started right! Get in great shape! Meet new friends. Have lots of fun. Enjoy Lake Johnson Park!



**Date:** February 20th to March 28th  
**Days:** Monday and Wednesday  
**Time:** 7:30 am to 8:30 am  
**Fee:** \$80.00 Residents  
\$92.00 Non Raleigh Residents  
**Barcode:** 117387

All equipment is provided. Each registrant receives a unique camo boot camp t-shirt.

Register now! Space is limited!



Lake Johnson Park  
4601 Avent Ferry Road  
Raleigh, NC 27606  
Phone: 919-233-2121  
Web: [parks.raleighnc.gov](http://parks.raleighnc.gov)

